

Dog sitter instructions

Start with this page. Complete one pack for each dog.

01 Dog and stay

Dog name and identifying details

Last reviewed

Care dates and agreed visit / overnight times

02 People to call

Owner name + phone (include country code)

Agreed backup decision-maker + phone

Regular veterinary clinic + phone

After-hours clinic + phone + address

03 Read before opening a door or giving food

Allergies, escape risks, handling limits and urgent instructions

Handover completed with / date

Dog sitter instructions

Daily routine. Use exact times, units and locations.

04 Meals

Write the food name, amount and unit for each meal. Label the scoop if you use one.

Time	Amount + unit	Food / preparation / feeding place

Treats, food restrictions and water routine

05 Walks, toilet breaks and bedtime

Time / duration	Route, equipment and handling notes

Sleep place, settling cues and places / situations to avoid

Arrange changes with the owner. Use only the feeding, activity and medication instructions they have confirmed.

Dog sitter instructions

Equipment, prescribed care and the final handover.

06 Where to find things

Collar / ID, harness, fixed leash and waste bags

Food, marked scoop, bowls and approved treats

Bed / crate, towels and pet-safe cleanup supplies

Care records, carrier and any prepared emergency bag

07 Owner-provided prescribed care

Attach current veterinary instructions where needed. This worksheet does not prescribe treatment or authorize veterinary expenses.

Medication / prescribed amount / time / method / storage, or NONE

Veterinary contact and payment arrangements agreed separately

08 Check together before departure

- ☐ Sitter has practiced the walking setup and can find all supplies.
- ☐ Times, amounts, contacts and backup arrangements are confirmed.
- ☐ Access details are shared privately; a saved copy is available offline.