

WHAT DOGS LIKE PRINTABLE RESOURCE

Puppy Walking Gear Checklist

Use this worksheet before buying or keeping a puppy collar, harness, and leash. Keep the first setup simple, measure in inches, and recheck fit often during growth.

Puppy name _____ Age _____ Date _____ Main walk goal _____

Collar and ID

- ☐ Neck measurement recorded.
- ☐ Light flat collar, not bulky.
- ☐ ID tag and tag ring checked.
- ☐ Fit rechecked after one week of growth.

Harness fit

- ☐ Chest girth measured while standing.
- ☐ Brand size chart compared.
- ☐ Armpit clearance checked.
- ☐ Shoulders move naturally indoors.

Leash setup

- ☐ Simple predictable leash selected.
- ☐ Clip is not too heavy for the puppy.
- ☐ Handle feels secure and easy to hold.
- ☐ No retractable length for crowded first walks.

First short walk

- ☐ Potty timing considered before leaving.
- ☐ Low-distraction route selected.
- ☐ Treats or food rewards ready.
- ☐ Session kept short and calm.

After-walk recheck

- ☐ No rubbing, red marks, coughing, gagging, limping, freezing, or escape attempts.
- ☐ Collar, harness, and leash hardware inspected before the next walk.
- ☐ Next growth recheck date written down.

Fit or behavior notes:

Next adjustment:

This checklist supports gear selection and first-walk fit checks. It is not veterinary advice, professional training advice, or behavior treatment. Stop and seek qualified help if the puppy panics, repeatedly backs out of gear, coughs, gags, limps, shows pain, or cannot be safely managed.

More guidance: whatdogslike.com/resource-library/puppy-walking-gear-checklist/ and whatdogslike.com/dog-collar-vs-harness-for-puppy/